



A NATIONAL CME CUM CONFERENCE

GERI-ARC 2026

GERIATRICS · AGEING, RISK PREVENTION & COMPREHENSIVE CARE

TOWARDS COMPREHENSIVE GERIATRIC CARE IN INDIA

Bridging Healthy Ageing and Preventive Care with Multimorbidity Management



DATES

12–13 NOVEMBER 2026

VENUE

Auditorium, Level VII, Academic
Block E
GMCH, Sector 32, Chandigarh

ORGANISED BY
Department of Community
Medicine
GMCH, Chandigarh

UNDER THE AEGIS OF: National Academy of Medical Sciences (India)
In collaboration with Indian Medical Association & Indian Association for Adolescent
Health (Chandigarh Branch)

Organising Leadership

The faculty and institutional leadership behind GERI-ARC 2026.

CHIEF PATRON

01

Prof. Ravneet Kaur

Director Principal, Government Medical College & Hospital, Chandigarh

CHAIRPERSON & ORGANISING SECRETARY

02

Dr. Sonia Puri

Professor (Associate) & Head, Department of Community Medicine,
Government Medical College & Hospital, Chandigarh

CO-ORGANISING SECRETARY

03

Prof. Dinesh Kumar Walia

Professor, Department of Community Medicine, Government Medical
College & Hospital, Chandigarh

A multidisciplinary platform advancing healthy ageing and integrated geriatric care.

Registration

Join two days of practical learning, scientific exchange and multidisciplinary discussion.

EARLY-BIRD REGISTRATION • UNTIL 15 OCTOBER 2026

Faculty / Public Health Professionals /
Senior Residents / Medical Officers

₹ 3,000

NAMS / IMA / IAAH members

₹ 2,500

PG Junior Residents / Research Scholars /
Students (M BBS / MPH / B.Sc. Nursing)

₹ 2,000

PAYMENT DETAILS

Account name

**INDIAN ASSOC ADOLESCENT
HEALTH CHD**

Account number

39620340932

IFSC • SBIN0010607

Bank • SBI, GMCH Sector 32, Chandigarh

SCAN TO REGISTER



ONLINE REGISTRATION FORM

<https://forms.gle/SFK9snKw17Ru4tDM9>

Groups of > 10: ₹500 discount per person • Student fee includes free annual IAAH membership

Call for Abstracts

Original research, programme experience and innovations in healthy ageing and geriatric care.

ABSTRACT THEMES · ORAL & POSTER PRESENTATIONS

01 Healthy Ageing & Preventive Geriatrics

02 Epidemiology & Public Health of Ageing

03 Geriatric Syndromes, Multimorbidity & CGA

04 Mental Health & Psychosocial Well-being

05 Nutrition, Physical Activity & Rehabilitation

06 Geriatric-Friendly Health Services & NPHCE

07 Healthcare Access across Rural, Urban & Vulnerable Populations

08 Digital Health, Innovation & Intergenerational Digital Literacy

09 Youth, Family & Intergenerational Approaches

10 Policy, Health Economics & Age-Friendly Communities

SCAN TO SUBMIT



ABSTRACT SUBMISSION

Deadline: 30 October 2026

Submission form:

forms.gle/bpeCuEWwKtK4wcuG8

Alternate submission / queries:

commedgmch32@gmail.com

Abstracts in English · maximum 300 words · presenting author must register

Scientific Programme • Day 1

Thursday, 12 November 2026 | GERI-ARC 2026

THURSDAY, 12 NOVEMBER 2026 | GERI-ARC 2026

TIMING	SCIENTIFIC TOPICS & ACTIVITIES
08:30 onwards	Participant Registration & Pre-test
09:30–10:30	Oral and Poster Presentations
10:30–11:15	Inaugural Session: Welcome Address & CME Overview
11:15–11:30	Brief about NAMS Activities by NAMS Observer
11:30–11:35	Vote of Thanks
11:35–12:00	Tea Break
12:00–12:45	Beyond Longevity: Building a Healthier, Dignified and Age-Friendly India — The WHO Decade of Healthy Ageing (2021–2030)
12:45–13:30	Seeing the Whole Person: Comprehensive Geriatric Assessment in the OPD
13:30–14:15	Lunch Break
14:15–15:00	The Hidden Burden of Geriatric Syndromes: What Every Primary Care Physician Should Recognise?
15:00–15:20	Deprescribing in the Real World: What Can I Safely Stop Today?
15:25–15:45	Oral Health in Older Adults: The Missing Link in Healthy Ageing
15:45–16:00	Tea Break
16:00–16:45	Panel Discussion: Building Age-Friendly Health Systems in India: From Challenges to Scalable Solutions
16:45–17:10	Early Detection to Survivorship: Rethinking Cancer Treatment in Older Adults
17:10–17:30	Geriatric Case Challenge: Managing Multi-Morbidity, Polypharmacy & Functional Decline

Scientific Programme · Day 2

Friday, 13 November 2026 | GERI-ARC 2026

FRIDAY, 13 NOVEMBER 2026 | GERI-ARC2026

TIMING	SCIENTIFIC TOPICS & ACTIVITIES
09:00–10:00	Oral and Poster Presentations
10:00–10:40	Memory Complaints in Later Life: From Mood to Neurocognitive Disorder
10:40–11:00	Rapid Cognitive and Mood Screening in Older Adults: Practical Use and Interpretation of MMSE and Geriatric Depression Scale (GDS)
11:00–11:30	Tea Break
11:30–12:15	From NPHCE to Healthy Ageing: Strengthening India's Continuum of Care for Older Persons
12:15–13:00	Musculoskeletal Ageing: Preserving Mobility, Preventing Disability
13:00–13:45	Lunch Break
13:45–14:30	The Ageing Heart & Kidney: Navigating the Complexities of Chronic Disease Management in Older Adults
14:30–15:15	AI & Digital Health in Geriatrics: From Promise to Practice — What Works Today, and What Is Hype?
15:15–16:00	Immunisation across the Life Course: Role of Vaccination in Healthy Ageing From Clinic to Community: GMCH Chandigarh's Comprehensive Model of Geriatric Care
16:00–16:45	Panel Discussion: One Patient, Many Problems: Integrated Care for Multimorbidity in Older Adults
16:45 onwards	Post-test and Valedictory