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No. R.15016/15/2021-HR-VRDL  
Government of India  
Ministry of Health and Family Welfare  
Department of Health Research  
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2 nd Floor, IRCS building,  
1, Red Cross Road,  
New Delhi- 110001  
Dated: 14<sup>th</sup> December, 2022

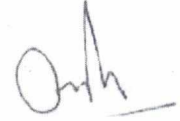
**OFFICE MEMORANDUM**

Subject: - Organising Pariksha Pe Charcha 2023 – reg.

I am directed to forward herewith the D.O. letter No. 6-1/2022-Desk(PMP) dated 07/12/2022 on the subject cited above. The contents of the D.O. are self-explanatory which may be gone through.

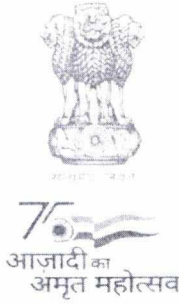
2. It is requested that the banner may be displayed on the official websites of your Offices/departments and use social media handles to promote the programme as #PPC 2023, along with the presentation for the event by making creatives and post accordingly. The selected creatives/videos from among these may also be presented on the MyGov platform.

Encl: As above.



(MOHAN LAL)  
Deputy Secretary to the Govt. of India

To,  
The Pls/Director of all VRDLs



**PRACHI PANDEY**  
**Joint Secretary (EE.1)**  
**Tel. 011-23389247**

**D.O.No.6-1/2022-Desk(PMP)**

**Dated the 7<sup>th</sup> December, 2022**

*Respected Sir,*

I am happy to inform you that the 6th edition of Pariksha Pe Charcha, the unique interactive program of Hon'ble Prime Minister, Shri Narendra Modi with students, teachers and parents will be held in a town-hall format at Talkatora Stadium in January, 2023. This event has been successfully organized for the last five years by the Department of School Education & Literacy, Ministry of Education.

2. In order to select participants in the Pariksha Pe Charcha programme, an online creative writing competition is being conducted at <https://innovateindia.mygov.in/ppc-2023/> on various topics (**Annexure**) between 25th November, 2022 and 30th December, 2022 for children studying in classes from 9 to 12, teachers and parents. About 2050 winners will also receive a certificate signed by Director, NCERT and a copy of the 'Exam Warrior' book written by Hon'ble Prime Minister.

3. You are, therefore, requested to kindly arrange the following:

a. Issue instructions to display banner on the official websites of your associated offices/departments (Open File for the Banner may be accessed at

<https://drive.google.com/drive/folders/1Dr3IHmjKWGKoKpR0xkvdRTt7EVDbXu8A>.

b. Issue instructions to display creatives on:

- prominent locations in all subordinate offices at various levels,
- prominent places in all other institutions / autonomous bodies / PSUs and their offices functioning under the aegis of your Department in the State/UT.
- Moreover, you may adopt other innovative measures to propagate and promote this significant initiative of Hon'ble Prime Minister towards reducing exam stress.

c. Ensure all creatives and directions are sent through email and social media to all your other institutions and all related offices functioning under the aegis of your Department in the State/UTs, and through your office to create awareness among all parents/students.

d. Request all your offices to use their own social media handles and **#PPC 2023** to disseminate the event, along with their own preparations for the event. They may also make their own creatives and post accordingly. The selected creatives/videos from among these may also be presented on the MyGov platform.

**Contd...2/-**

4. You are requested to use the creatives shared at para 3.a, for the promotion of the programme and give it a good impetus. You are also requested to promote the contest at all levels to ensure maximum participation by students, parents and teachers.

5. I would be grateful, if an action taken note along with media plan in this regard is shared at

[https://drive.google.com/drive/folders/1DH7NJa1\\_BbJDeU1z0NbaREC8JNyt19Jc?usp=sharing](https://drive.google.com/drive/folders/1DH7NJa1_BbJDeU1z0NbaREC8JNyt19Jc?usp=sharing)

Let us join hands in celebrating the Utsav of examinations, "Pariksha Pe Charcha 2023" as envisioned by our Hon'ble Prime Minister in order to make learning more joyful for our future nation builders.

With regards,

Yours sincerely,

*Prachi Pandey*  
7/2/XXII  
(Prachi Pandey)

To,

**Shri Rajiv Bahl**  
Secretary,  
Department of Health Research,  
Ministry of Health & Family Welfare,  
Government of India.



## **ANNEXURE**

For PPC 2023, suggested list of themes for Creative Writing is presented below:

### **I. Themes for Students**

#### **1. Know your freedom fighters (हमारी आज़ादी के नायक)**

What life stories have you heard about Freedom fighters of your State or Region? What inspirations do you draw from their life? How do you want to serve your nation?

#### **2. Our culture is our pride (हमारी संस्कृति हमारा गर्व)**

What is special about your state's culture? What elements of that culture make you feel proud of your country?

#### **3. My book my inspiration (मेरी प्रिय किताब)**

Which is a book that has shaped you greatly and why?

#### **4. Save Environment for future generations (आने वाली पीढ़ियों के लिए पर्यावरण सुरक्षा)**

What are your ideas about sustainable development? What challenges, do you anticipate for our future generation due to climatic changes? What measures must we take to protect our environment? How can you contribute in the sustainable development as a student?

#### **5. My life, my health (अच्छा स्वास्थ्य क्यों ज़रूरी है?)**

Why is remaining healthy important? What do you do to remain in good health?

#### **6. My startup dream (मेरा स्टार्टअप का सपना)**

Entrepreneurship among students towards self-reliance for succeeding in life and at the same time contributing to the nation's economy and work culture is the need of the hour. What are your dreams about your own startup?

### **7. STEM education/ education without boundaries (सीमाओं के बिना शिक्षा)**

NEP 2020 recommends flexibility in choice of subjects by the students. Students will have liberty to take subjects of their choice, choose their own path, and pursue a profession of their own choice. There is life beyond Science and Mathematics too. What do you think about this? What challenges do you see in this transformative recommendation? What are your suggestions?

### **8. Toys and Games for Learning in Schools (विद्यालय में सीखने के लिए खिलौने और खेल)**

Toys and Games can also be a source for learning. Write your view about students learning through toys and games at the secondary stage.

## **II. Themes for Teachers**

### **1. Our Heritage (हमारी धरोहर)**

What is the essence of Teaching 'Indian' Traditional Knowledge for the Holistic development of the learners? How would you plan to teach this, integrating in the areas you undertake in school.

### **2. Enabling Learning Environment (सीखने के लिए समर्थ वातावरण)**

What should be your role as a teacher to create a healthy and conducive classroom environment for better learning and emotional and mental well-being of your learners? How will you structure activities to ensure participation and learning of all the learners? What are your thoughts and opinion on 'peer learning'?

### **3. Education for Skilling (कौशल के लिए शिक्षा)**

Skill education is very important. Though the entire education system needs to be transformed for providing skill education in our country, promotion of Vocational Education among secondary students is need of the hour. The reason being many students do not prefer to pursue academics/ higher education, rather they want to explore different avenues to go ahead in life. What are your thoughts on this?

#### **4. Lesser Curricular Load and No fear for exams (पाठ्यक्रम का कम भार और परीक्षा का कोई भय नहीं)**

Students to learn through experiential learning and project-based curriculum; to have confidence in what they learn and how they learn, this will automatically reduce the pressure of examination. What initiatives, as a teacher you will take to implement this perspective of the NEP 2020.

#### **5. Future educational challenges (भविष्य में शिक्षा की चुनौतियाँ)**

In your opinion what are the current educational challenges? How should school, teachers and parents facilitate the children to cope up with the changes in the educational expectations?

### **III. Themes for Parents**

#### **1. My child, my teacher (मेरा बच्चा, मेरा अध्यापक)**

What is something interesting that your child has taught you? How have you learnt it and adapted to it? Why is it important to adapt to the interests of our children.

#### **2. Adult Education- Making everyone literate (प्रौढ़ शिक्षा- सभी को साक्षर बनायें)**

What according to you is the importance of Adult Education? How can it lead to an empowered nation? How can children contribute to adult's understanding of modern issues?

#### **3. Learning and growing together (सीखना और एक साथ बढ़ना)**

How will you complement at home, the learning by your child at school? Write a creative note on the role of you as a parent in the healthy learning process of your child.