

**DEPTT. OF MED. EDUCATION & RESEARCH, CHD. ADMN.
GOVERNMENT MEDICAL COLLEGE & HOSPITAL, CHANDIGARH**

Sector – 32B, Chandigarh – 160030 (Ph.0172-2665253-59, FAX: 0172-2609360)

NOTICE

In order to address mental health issues of the healthcare staff involved in providing clinical care to the suspected as well as positive cases of COVID-19 and the patients who are admitted for testing as well as the confirmed cases of COVID-19 and their family members, **a dedicated 24X7 toll-free helpline No. 1800-180-2063** is being started from today (23.3.2020), where our team of a Psychiatrist and Counsellor will address any mental health issues.

The families who have been quarantined by the Chandigarh Administration might have issues due to their isolation from the society and they might require support in dealing with the situation, which can be addressed from this number. The other patients, who are in the follow-up in the Psychiatry department, might have crises where they need help. Since the OPD is closed due to current situation of COVID-19, they are not able to see the doctors. Thus, such persons and their families can also seek help on this dedicated number. Even the healthcare staff, who are posted in the Isolation Ward to look after the COVID-19 patients, have lot of concerns and anxiety while performing duties with the positive and suspected cases, this helpline number will also provide psychological support to these persons.

DATED: 23 March, 2020

Prof. B.S Chavan
Director-Principal,
Govt. Medical College,
Chandigarh.

Endst. No. GMCH/HA-II/ 2020/

58530-37

Dated : 23.03.2020

An e-copy is forwarded to the following for information and n.a.:

1. The Medical Superintendent, GMCH, Chandigarh.
2. The Joint Director (Admn.), GMCH, Chanidgarh.
3. Medical Superintendent, MHI, Chandigarh,
4. Director Public Relations, Chandigarh Admn.
5. All HODs, GMCH, Chandigarh.
6. Nursing Superintendent, GMCH, Chandigarh.
7. Incharge Communication, GMCH, Chandigarh.
8. All editors of newspapers.

Director-Principal,
Govt. Medical College,
Chandigarh

23/3/2020